First Aid Kit Checklist



Sterile gloves/Sterile dressings
Cleansing agent/soap
Antibiotic wipes and ointment
Burn ointment
Adhesive bandages
Thermometer
Prescription medications
Cell Phone and extra Batteries
Scissors/Tweezers
Tube of petroleum jelly
Aspirin or nonaspirin pain reliever
Anti-diarrhea medication
Antacid
Laxative